

50 VISUAL JOURNAL PROMPTS



IDENTITY

- Who am I?
- When I was Younger
- When I Grow Up
- My Biggest Fear
- My Journey
- My Greatest Joy
- When I'm Alone
- My Biggest Dream
- Someday I Will
- How Others See Me



IMAGINATION

- Invent an object.
- Imagine that you have traveled to a different time period. Draw what you see.
- Be creative with letters.
- Be creative with numbers.
- Draw yourself in an imagined environment.
- Pretend you've been sucked into your favorite book.
- Listen to your favorite song and imagine what it looks like.
- Imagine your experience when you swap bodies with someone else
- Describe what you might see in a magic mirror.
- Pretend you have discovered life on Mars.



ART SKILLS

- Create a drawing of a chair.
- Make a creative drawing of kitchen items.
- Draw your closet in one or two-point perspective.
- Choose an element of art to highlight.
- Choose a principle of design to highlight.
- Create a monochromatic entry.
- Create a piece using only a ballpoint pen.
- Make an entry that starts with a blind contour drawing.
- Draw the same object 10 times in 10 different ways.
- Create an entry that includes a portrait of someone you admire.



ART HISTORY/CONTEMPORARY ART

- Create something inspired by prehistoric art.
- Create something inspired by the art of the Renaissance.
- Create something inspired by Surrealism.
- Create something inspired by Pop Art.
- Create something inspired by your favorite artist from history.
- Create something inspired by your favorite contemporary artist.
- Combine two contemporary artists' styles to create something new.
- Create something inspired by a piece of 3D art you love.
- Create a page of sketch notes about an artist from history.
- Put your own twist on a famous artwork.



SEASONS/CELEBRATIONS

- January: My New Year's Resolutions
- February: A Page Filled with Love
- March: The Importance of Art Education (YAM)
- April: April Fools! Create an entry that tricks the eye.
- May: On My Spring Break
- June: My Summer Plans
- August: Back to School
- October: Scare Your Art Teacher!
- November: I'm Thankful For
- December: Traditions